

52 THINGS TO DO BEFORE LEAVING HOME TO TRAVEL LONG-TERM

6 - 3 MONTHS BEFORE

- ☐ Decide where you want to go
- ☐ Know why you are doing this trip
- ☐ Research your destination
- ☐ Make a budget and start saving
- ☐ Demolish debt
- ☐ Get a travel credit card
- ☐ Renew your passport (or apply for one)
- ☐ Start learning a language
- ☐
- ☐

3 - 1 MONTHS BEFORE

- ☐ Check visa requirements and apply if necessary
- ☐ Go to a travel clinic and get vaccinations
- ☐ Make a vaccination passport and scan a copy
- ☐ Go to the dentist
- ☐ Get a Pap test
- ☐ Get your moles checked

3 - 1 MONTHS BEFORE con't

- ☐ Cancel your lease (if you rent)
- ☐ Rent out or sell your place (if you own)
- ☐ Reserve the elevator in your building
- ☐ Plan for your pets
- ☐ Make arrangements for your car
- ☐ Maintain professional certifications
- ☐ Cancel utilities and memberships
- ☐ Redeem points and rewards
- ☐ Book your flight
- ☐
- ☐
- ☐

1 MONTH - 1 WEEK BEFORE

- ☐ Book accommodation for the first few nights
- ☐ Make a will
- ☐ Update beneficiaries
- ☐ Get travel insurance
- ☐ Fill prescriptions and check availability overseas

1 MONTH - 1 WEEK BEFORE con't

- ☐ Get a vision test and stock up on contacts or new glasses
- ☐ Sell your stuff or put it in storage
- ☐ Eat all your food
- ☐ Give your notice at work
- ☐ Buy a suitcase or backpack
- ☐
- ☐
- ☐

1 WEEK BEFORE

- ☐ Update your forwarding address
- ☐ Notify the bank/credit cards you are travelling
- ☐ Cancel credit cards with an annual fee
- ☐ Make a list of addresses
- ☐ Record passwords and logins in a password vault
- ☐ Scan copies of ID and credit cards
- ☐ Scan previous year's tax return
- ☐ Take a photo of your passport on your phone

1 WEEK BEFORE con't

- ☐ Register with the government as an expat abroad
- ☐ Get some local cash
- ☐ Unlock your phone or buy an unlocked phone
- ☐ Get a hair cut and colour
- ☐ Stock up on makeup and toiletries
- ☐ Buy travel-friendly (non-liquid) toiletries
- ☐ Do a packing test run
- ☐ Make a list of everything you packed
- ☐ Download useful apps
- ☐ Save an offline Google map of your destination
- ☐ Tell your folks you love 'em!
- ☐
- ☐
- ☐

